

Central California Interclub Association



2019 CCIA Competition

June 21 - 23, 2019

Competition Entry Deadline: Received by May 20, 2019
Online entry only

Skatetown Ice Arena
1009 Orlando Ave. Roseville, CA

Hosted by
Capital City Figure Skating Club, Inc



Sanctioned by:
**US FIGURE
SKATING**
usfigureskating.org

CENTRAL CALIFORNIA INTERCLUB ASSOCIATION
2019 CCIA COMPETITION
JUNE 21-23, 2019

GENERAL RULES AND INFORMATION:

The 2019 CCIA Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates and technical notifications which have been posted on the U.S. Figure Skating website. Any approved exceptions to the current rules or guidelines are noted in this announcement.

The Chief Referee's interpretation of the rules and decisions on all questions not covered by these rules is final.

Officials' travel expenses will be reimbursed in accordance with rule 2150 (as referenced in 3038).

SERIES INFORMATION:

This competition has been approved by U.S. Figure Skating to be a part of the National Qualifying Series (NQS) for Singles. Juvenile through Senior singles events will be included in the NQS. Additional information can be found here: <https://www.usfigureskating.org/story?id=84035>

NOTE 1: Athletes who are interested in participating in the National Qualifying Series must register separately through U.S. Figure Skating's Event Management System (EMS) via their Members Only account (<https://usfsaonline.org/>). Deadline for registering for the NQS is May 28, 2019 and there will be no late registrations accepted for the series. Registering for the series does *not* enter skaters into any of the individual competitions and registering for a competition does *not* enter the skater into the NQS. Registration for the NQS must be done independently.

NOTE 2: Skaters who are not interested in participating in the NQS may still enter the CCIA Competition.

ELIGIBILITY/TEST LEVEL:

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook (Rule 3060) for non-U.S. Citizens and skaters representing a foreign federation. A Skate Canada sanction has not been requested for this competition. All participants will be expected to abide by the Code of Ethics (GR 1.01) and the Code of Conduct (GR 1.02), as set forth in the 2019 U.S. Figure Skating Rulebook.

A skater may enter only one event level of each discipline, e.g. Free Skate, Pairs Free Skate, Pairs Short Program, Solo Pattern Dance, Solo Rhythm Dance, Solo Free Dance, Shadow Dance, Couples Pattern Dance, Couples Short Dance, Couples Free Dance, and Showcase. Exceptions: A skater may enter as many Pro-Am Dances for which he or she is eligible.

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate at their test level or one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements:

Juvenile: Girls – 12 years of age or younger; Boys – 13 years of age or younger

Open Juvenile: Girls – 13 years of age or older; Boys – 14 years of age or older

Intermediate must be under the age of 18

Young Adults must be age 18 – 20 inclusive

Adults must be 21 years of age or older

COMPETITION ENTRY:

Online Entry - Secure online registration will only be accepted via EMS at www.usfsaonline.org. Skaters wishing to enter this competition must have their U.S. Figure Skating member number and a password for Members Only in order to access this system. The deadline for entry is **May 20, 2019** by 11:59 PM pacific daylight time.

Foreign Skaters Registration - Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition. This can be done by choosing the “Non-Member? Create Account” option on the Members Only login page.

Partnered Events - Only one partner needs to complete registration for the team. During the registration process, skater will be asked to identify their partner and identify the partner’s test information. *The registered partner will be responsible for managing all aspects of the competition for the team including music/ppc upload, etc.*

Registration Instructions -

1. Go to www.usfsaonline.org
2. Enter your U.S. Figure Skating or Learn to Skate Member number and password.
 - a. If you need assistance with your member number or password, contact U.S. Figure Skating’s Member Services at memberservices@usfigureskating.org
3. Select the “Registration/Administration” option under the Events tab.
4. Click “Event Registration & Information”
5. Choose “CCIA Competition” from the list of competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org

Release of Liability

Skaters entering (and their parent/guardian) agree to the following release of liability policy. U.S. Figure Skating, the Capital City Figure Skating Club, Skatetown Ice Arena, and the Central California Interclub Association undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, U.S. Figure Skating, the Capital City Figure Skating Club and its officers, Skatetown Ice Arena and its staff, and the Central California Interclub Association; and their entries shall be accepted only on such condition.

This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

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ENTRY FEES:

Event Category	Level(s)	As first event	As additional event
Adapted Basic Skating	All	\$25.00	
Compete USA Program events Singles Showcase	All Basic – High Beginner	\$50.00	
Singles Free Skate (IJS, combined) - events are <i>combined</i> SP & FS	Intermediate & higher	\$140.00	
Singles Free Skate (IJS) -Excel or well-balanced	Pre-Preliminary – Juvenile; Adult Bronze & higher	\$100.00	\$40.00
Singles Free Skate (6.0) -Excel or well-balanced	Beginner, High Beginner, No Test; Adult Pre-Bronze	\$80.00	\$35.00
Jumps, Spins or Compulsory Moves	All	\$50.00 (if only event)	\$35.00
Singles Showcase	No Test & higher	\$80.00	\$35.00
Duets – Showcase *	All	\$80.00	
Pairs or Partnered Dance Events *	All	\$100.00	\$40.00
Solo Dance Events	All	\$90.00	\$35.00
Solo Shadow Dance *	All	\$90.00	\$35.00

*Fees for partnered events are per team; only one skater will enter on behalf of the team as a whole

LATE ENTRIES:

All entries must be *submitted online* no later than **May 20, 2019**. Entries submitted after this date are late entries and will be accepted with approval of the Chief Referee as long as the schedule allows. Late entries must be accompanied by a **late fee of \$30.00**. Entries will not be accepted within 48 hours of the start of the competition.

REFUND POLICY:

In accordance with Rule 3048, after the close of entries, entry fees will be refunded only if the event is not held or is cancelled. There will be no refunds for medical withdrawals. *Credit Card processing fees are not refundable for any reason.*

EMS SKATER PORTAL:

Once online registration has been completed, skaters will gain access to the EMS Skater Portal for this competition. This is where you will manage music and PPC upload as well as view the competition schedule (once available) and update coach information. To access your skater portal, click the **BLUE** Event Management System button on the [Members Only](#) landing page, then select the competition name from the options at the bottom of the screen.

MUSIC UPLOAD:

Deadline for Music submission is June 7, 2019. Skaters who have not submitted their music by this date will be charged a \$20 music late fee.

All competition music must be electronically submitted via the EMS Skater Portal through the Music & Program Content tab no later than June 7, 2019. All music must meet the criteria outlined below. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

If you need assistance, email productsupport@usfigureskating.org

Music Criteria

1. File format: MP3 (only format EMS will accept)
2. Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chair and they may request you upload a corrected file.

3. Leaders and trailers (the silence or “dead space” before and after the actual start and end of the program music) may not exceed two(2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders or trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD as backup in case of technical difficulties. That CD must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor’s name, event, and running time. The host club accepts no responsibility for CDs left behind after the event and they will be discarded.

GROUPS, CHAMPIONSHIP (FINAL) ROUNDS & CONSOLATION ROUNDS:

Excel Beginner, Excel High Beginner, plus No Test & higher singles Free Skate (well-balanced and Excel) events will be divided by gender.

Adapted Basic Skating, all Solo Dance events, and Showcase events will *not* be divided by gender. It is intended that the Jumps, Spins, Compulsory Moves, and all Compete USA levels will also not be divided by gender, however these events may remain separated at the discretion of the Chief Referee if appropriate.

Two entries are required for all events, except Adapted Basic Skating where only one entry is sufficient. For all other events, if only one eligible competitor/team enters, the competitor/team will be offered the option to skate an exhibition or, for pre-juvenile down to beginner level singles free skate events, compete in an equivalent event against skaters of the opposite gender.

- A. If said competitor chooses to skate an exhibition, judges will award their marks according to the rules and the applicable judging system used, and the competitor/team will receive first place.
- B. If said competitor chooses to compete in an equivalent event against skaters of the opposite gender, the skater will be entered accordingly.
- C. If said competitor/team chooses not to skate, the entry fee will be refunded, and the event will be cancelled.

Open Juvenile, Pre-Juvenile and lower singles events as well as all Excel and Showcase events will be divided into groups when 13 or more are entered. Smaller groups, particularly for lower levels, are permissible at the discretion of the Chief Referee and consultation of the host club. Solo dance will follow the national solo dance guidelines with regards to groups. There will be no final rounds for these events in the case of multiple groups.

National Qualifying Series (NQS) – Conduct of Events, Juvenile through Senior Singles Free Skate

A. The final results of all NQS Singles events will be a “championship round,” consisting of a combined short program and free skate score for intermediate – senior, and a free skate for juvenile. When there are 24 or fewer competitors entered, all competitors proceed directly to this championship round.

B. When there are more than 24 entries in an event, qualifying rounds will be held in accordance with Rule 2466. Qualifying rounds will consist of the free skate only.

Skaters not qualifying for the championship round will not have a Total Score entered in the NQS for that competition. Intermediate through Senior skaters may, however, compete their short program in a consolation round hosted by the competition. There will be no consolation round for the Juvenile competitors who do not qualify to the championship round.

Consolation Round (Intermediate – Senior only)

In the case of multiple groups, skaters who do not qualify for the championship round may compete their short program (SP) as a separate event. The SP score will not be combined with the qualifying round score and does not count towards the official NQS standings. Group size is at the discretion of the Chief Referee, but will not exceed 28 skaters. Skaters placing in the top 4 will receive their awards.

ON-SITE REGISTRATION:

A registration table will be located in the arena lobby and open prior to the start of the competition. All competitors are required to register and be ready to skate *at least* forty-five minutes prior to the tentatively scheduled time for their event.

SCHEDULE:

Competitors may be scheduled on any day or time for the announced dates of the competition. The competition ice schedule will be available via EMS as soon as possible after the close of entries. All participants will be notified via email once available.

Note: Please check the schedule for updates before arriving. It is the intention of the Chief Referee and host club that all events will run as close to on-time as possible; however, any event may start late or up to **20 minutes** early or if the last event of the day, as soon as all competitors are present and ready to skate.

FACILITIES:

The competition will be held at Skatetown Ice Arena. Ice surface is approximately 200' x 85' with rounded corners. There is free parking and an on-site snack bar. The rink tends to be cold, please dress warmly.

Locker Rooms and Changing Areas – Locker rooms will *not* be available to competitors as dressing/changing rooms. We strongly recommend that all skaters come dressed and ready to compete.

JUDGING SYSTEM:

The closed system of judging will be used for all events.

The International Judging System (IJS) will be used for the following events:

- *Well Balanced Program Singles free skate events: Pre-Preliminary – Senior, Adult Bronze and above*
 **Note for Intermediate & higher, this includes for both short and free skate program segments*
- *Excel Singles free skate events: Pre-Preliminary - Senior*
- *Juvenile/Open Juvenile Short Program*
- *Pairs events: Pre-Juvenile – Senior, Adult Silver and above*
- *Partnered dance events: Pre-Juvenile – Senior, Adult Pre-Gold & Gold*

Modified IJS will be used for all levels of the following events:

- *Solo Pattern Dance, Solo Rhythm Dance, Solo Free Dance, Shadow Dance*

The 6.0 Majority Judging System will be used for:

- *Well Balanced Program Singles free skate events: No Test*
- *Excel Singles free skate events: Beginner – No Test*
- *All Compete USA events*
- *All Adapted Basic Skating events*
- *Pairs events: Adult Bronze & lower*
- *Partnered dance events: Adult Silver & lower*
- *All Showcase events*
- *All specialty singles events (spins, jumps, compulsory moves)*

Conduct of Events -

All skaters will be judged and marked for all portions of all events. Intermediate – Senior well balanced free skate events will be a combined short program and free skate segments. A final round will be conducted if necessary (see info in **Groups** section of announcement).

Juvenile/Open Juvenile will offer a separate short program event. This event is not combined with the well balance free skate event.

All pair and partnered dance events will be separate segments for SP/FS or PD/RD/FD respectively. Skaters may enter any or all segments. There will not be a combined final result.

Note: the use of IJS for all pair and partnered dance events or modified IJS for solo dance events is pending availability of appropriate technical panel officials. If such officials are unavailable entrants will be notified.

PLANNED PROGRAM CONTENT (PPC):

Deadline for PPC submission is June 14, 2019. Skaters who have not submitted their PPC by this date will be charged a \$20 PPC late fee.

Competitors participating in IJS events must submit their PPC via the EMS Skater Portal no later than June 14, 2019. Program content must be entered under the Music & Program Content tab of your EMS for this competition.

OFFICIALS

Referees, judges, technical panel members, and accountants will be selected from the officials list provided by U.S. Figure Skating. Officials from other ISU member organizations may officiate as guest officials in accordance with U.S. Figure Skating rules, if available. Accounting clerks, announcers, and music may be selected from the officials list or other volunteers who have received appropriate training.

PRACTICE ICE:

Practice ice will be handled through the Skatetown Ice Arena. Contact Skatetown 916-783-8550 Ext 0 or check freestyle sessions at www.skatetown.biz

PHOTOGRAPHY/VIDEOGRAPHY:

In accordance with U.S. Figure Skating policies, personal video taping (digital or other) is allowed of one's own skater **only** and only with handheld equipment in the seating area. The recording of other skaters AND the recording of warm ups is prohibited. Only battery-powered video units are allowed (no electrical cords). The use of a tri-pod and standing near the railing to film is prohibited.

Absolutely **no flash photography** is allowed of competitors on the ice. The flash may cause distraction leading to error or injury. Taking action photos of any skater other than your own is prohibited without their express written consent, a copy of which must be provided to the host club.

A professional photographer will be available for awards photos. Individual photos will be taken upon request regardless of placement. In addition, a videographer will be in attendance for professional quality videos.

AWARDS:

Medals will be awarded to 1st, 2nd, 3rd, and 4th places for all events. Medals will be presented on the photographer's stand as soon as possible following the posting of results.

The CCIA Memorial Trophy was established to honor those officials, officers, and delegates who have given their time and effort to the sport of figure skating and the CCIA. This trophy is awarded to the best artistry in a Free Skating performance in a Novice or higher singles Free Skating event (championship/final round only). If there is only one eligible contestant, the trophy shall not be awarded.

The Howard G. Taylor Memorial Trophy was established in honor of Howard Taylor, a National referee and dance judge and one of the original organizers of the Central California Interclub Association. He was 1st Vice President of the USFSA, former Judges Committee Chair, President and Honorary President of St. Moritz ISC. He dedicated his life to the sport of figure skating. During his skating career, Howard was a National dance competitor and so this trophy will be presented to the Ice Dancer who most exemplifies excellence in the partnered or solo Free Dance events. This perpetual trophy will be engraved with the recipient's name and year, and will be on display at each year's CCIA competition. The winner will be determined by officials on the partnered and solo Free Dance judging panels and announced approximately 15 minutes after the conclusion of the final Free/Solo Dance event. Directly following the announcement, a personal keepsake award is presented to the winner at the Photographer's Stand.

OFFICIAL NOTICES:

An official bulletin board (or area of a wall) will be maintained in the arena lobby. *Notices posted on this board (wall) will serve as sufficient notice to all persons.* It is the responsibility of each competitor, parent and coach to check for updates regularly for any schedule changes and/or additional information. The most current event schedule and skating orders will be posted in the lobby. Posted schedules supersede all other schedules. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. *If warranted, the referee may elect to start an event a maximum of 20 minutes earlier than the posted time or if the last event of the day, when all competitors are present and ready to skate.*

TEST CREDIT:

Skaters in the Juvenile through Senior FS events that meet the requirements for test credit may request their test credit forms at registration. Skaters must request their test credit packet within 30 minutes of the end of the Last IJS event. Forms must be picked up at the registration desk prior to the end of the competition. There is a \$5 fee for the test credit packet. Skaters: Please remember that your test credit packet needs to be submitted to your home club test chair for processing.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must be included within a skater's registration or updated through their EMS Skater Portal. All coach compliance is verified via EMS and is connected to the U.S. Figure Skating database.

Coaching U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SafeSport Training*
- Continuing Education Requirements (CERs) for the 2018-19 Competition Season
- Proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

Coaching Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)
- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

*SafeSport training is available through www.usfsaonline.org for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons.

The host club will have a list of compliant coaches via EMS verified through the U.S. Figure Skating database who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. or is not on the list and cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their registration cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events. Coaching at sanctioned U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfsa.org/story?id=84159>

CONTACT INFORMATION:

For any questions or additional information on the competition, you may contact any of the following. Email communication is preferred.

Chairperson & Registrar: Denise Soroka

E-mail: denise.soroka24@gmail.com

Phone: 916-601-5599

Chief Referee - Lisa Erle

E-mail: LNerle68@aol.com

ADDITIONAL INFORMATION:

Tickets – Tickets are not needed for this event. There is no fee charged to watch the competition.

Parking - Parking is available at Skatetown Ice Arena, free of charge.

Hotels - The following are some of the hotels in the area. These are provided as information only and are not considered recommendations for or against any hotel accommodations (other hotels not listed may be available, check online). There are no special rates being held by these hotels in association with this competition.

Fairfield Inn by Marriott
1910 Taylor Road
Roseville, CA 95661
(916) 772-3500

Courtyard by Marriott
1920 Taylor Road
Roseville, CA 95661
(916) 772-5555

Hilton Garden Inn
1951 Taylor Road
Roseville, CA 95661
(916) 773-7171

Larkspur Landing
1931 Taylor Road
Roseville, CA 95661
(916) 773-1717

Residence Inn by Marriott
1930 Taylor Road
Roseville, CA 95661
(916) 772-5500

Homewood Suites
401 Creekside Ridge Court
Roseville, CA 95678
(916) 783-7455

Galleria Courtyard by Marriott
301 Creekside Ridge Court
Roseville, CA 95678
(916) 772-3404

SINGLES EVENTS

Event: Jumps Challenge

1. Each jump may be attempted twice; the best attempt will be counted.
2. Pre-juvenile and lower will be skated $\frac{1}{2}$ ice; Juvenile – senior will be skated on full ice
3. Entry level should be in accordance with Free Skate event test levels

Level	Time	Elements
Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. $\frac{1}{2}$ flip or $\frac{1}{2}$ Lutz 3. Single Salchow
High Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combination – waltz jump-toe loop
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single loop 3. Jump combination – Any two $\frac{1}{2}$ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single flip 3. Jump combination - Any two $\frac{1}{2}$ or single revolution jumps (no Axel)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single flip 2. Single Lutz 3. Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel or double Salchow 2. Single or double jump 3. Jump combination – single/single (may include Axel)
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double Salchow or double toe loop 3. Jump combination – single/single or double/single (may include single Axel)
Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Single Axel 2. Double toe loop or double loop 3. Jump combination – double/single or double/double (may include single Axel)
Novice	1:30 max.	<ol style="list-style-type: none"> 1. Double loop 2. Double flip 3. Jump combination – double/double (may include double Axel)
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Choice of double or triple jump (Salchow, toe loop, loop, Lutz) 2. Double or triple flip 3. Jump combination – double/double (may include double Axel)
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Choice of double or triple jump (Salchow, toe loop, loop, flip) 2. Double or triple Lutz 3. Jump combination – double/double or triple/double (may include double Axel)

Event: Spins Challenge

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring.
Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.
- Entry level should be in accordance with Free Skate event test levels

Level	Time	Elements
Beginner	1:30 max.	<ol style="list-style-type: none"> Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
High Beginner	1:30 max.	<ol style="list-style-type: none"> Upright one-foot spin (3) Upright spin with change of foot (3 revs each foot) Sit spin (3)
No-Test	1:30 max.	<ol style="list-style-type: none"> Upright spin with change of foot (3 revs each foot) Sit spin (3) Camel spin (3)
Pre – Preliminary	1:30 max.	<ol style="list-style-type: none"> Spin with one change of position* and no change of foot (6) Backward sit spin (3) Camel spin (4)
Preliminary	1:30 max.	<ol style="list-style-type: none"> Spin with one change of foot and one change of position* (3 revs each foot) Combination sit spin with no change of foot (3 revs each foot) One position spin – skater’s choice (upright, sit, or camel) (4)
Pre – Juvenile	1:30 max.	<ol style="list-style-type: none"> Backward entry Camel spin (4) Combination spin – all 3 basic positions required (camel, sit, upright) (2 revs each position) Forward to backward scratch spin (4 revs each foot)
Juvenile & Open Juv.	1:30 max.	<ol style="list-style-type: none"> Sit spin (4) Combination spin – with change of foot; all 3 basic positions required, 2 revs per position (4 revs each foot) Girls – layback spin (6); Boys – camel spin (5)
Intermediate	1:30 max.	<ol style="list-style-type: none"> Flying camel spin – basic camel position required (5) Sit spin to backward sit spin – basic sit position required (4 revs per foot) Combination spin – change of foot & all 3 basic positions required, 2 revs per position (5 revs per foot)
Novice	1:30 max.	<ol style="list-style-type: none"> Illusion to back scratch spin, may change feet (6) Camel spin to backward camel spin (4 revs per foot) Combination spin – change of foot & all 3 basic positions required, 2 revs per position (6 revs per foot)
Junior	1:30 max.	<ol style="list-style-type: none"> Flying sit spin or flying reverse sit spin (6) Solo spin of choice – may not fly (8) Combination spin – change of foot & all 3 basic positions required, 2 revs per position (6 revs per foot)
Senior	1:30 max.	<ol style="list-style-type: none"> Flying spin of choice (8) Solo spin of choice – may not fly (8) Combination spin – change of foot & all 3 basic positions required, 2 revs per position (6 revs per foot)

* There are 3 basic spin positions: Upright, Sit and Camel. Any variation of these positions is still considered the same position (i.e. a broken leg spin is still a sit position. A camel-sit-broken leg spin has one change of position).

Event: Compulsory Moves**(only Beginner through Juvenile/Open Juvenile levels offered)**

1. Beginner – Juvenile: Elements skated on ½ ice
2. The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
3. A 0.2 deduction will be taken for each element performed from a higher level.
4. Music is not allowed.
5. Skaters may compete at their test level or one level higher.

Level	Time	Elements
Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Toe loop 2. Salchow 3. One-foot upright spin – minimum 3 revolutions 4. Choreographic step sequence
High Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Loop jump 2. Salchow + toe loop combination jump 3. Sit spin - minimum 3 revolutions 4. Choreographic step sequence
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Upright spin with change of foot – minimum 3 revs each foot 4. Choreographic step sequence
Pre-Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Lutz jump 2. Jump combination: single/single (no Axel) 3. Spin with one change of position and no change of foot – minimum 6 revolutions total 4. Choreographic step sequence
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Axel jump 2. Jump combination: single/single (may include Axel) 3. Spin with one change of foot and one change of position- minimum 3 revolutions each foot 4. Choreographic step sequence
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 1. Axel or double Salchow 2. Jump combination: single/single (may include Axel) 3. Layback spin or camel spin - minimum 3 revolutions 4. Step sequence – must include rotating in both directions
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Double Salchow or double toe loop 2. Jump combination: single/single or double/single 3. Layback spin or camel spin - minimum 4 revolutions 4. Step sequence – must include 3 difficult turns and rotating in both directions

Event: Adapted Basic Skating

Event is open to all Special Needs skaters. Groups will be divided by age and/or skill level if possible and at the discretion of the Chief Referee. Skaters need not have passed any U.S. Figure Skating test. The 6.0 Majority Judging system will be used.

1-minute to 1-minute and 30 second program set to music. Vocal music is permitted.

Event: Free Skate, Well Balanced Program

1. Skaters will skate to the music of their choice. Vocal music is permitted.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. For 6.0 events, all relevant and appropriate rules will be applied. Coaches and athletes are expected to be aware of these rules which are available on www.usfigureskating.org
4. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under “Technical Information,” then “Singles/Pairs”
5. Juvenile (not Open Juvenile) through Senior are part of the National Qualifying Series.
6. Intermediate through Senior are combined short and free skate segments (see “Groups” for info on qualifying and final rounds). **2019-20 Short Program requirements will be in effect for this competition.**

Event	Qualifications	Description	Duration (min:sec)
No Test	Open to skaters who have not passed any Free Skate tests.	Program as per rule 6490	1:40 Max.
Pre-Preliminary	Open to skaters who have passed no higher than the Pre-Preliminary FS test	Program as per Rule 6480	1:40 Max
Preliminary	Open to skaters who have passed the Pre-Preliminary FS test but no higher than the Preliminary FS test.	Program as per Rule 6470	1:30 +/- 10 sec.
Pre-Juvenile	Open to skaters who have passed the Preliminary FS test but no higher than the Pre-Juvenile FS test.	Program as per Rule 6460	2:00 +/- 10 sec.
Juvenile & Open Juvenile	Open to skaters who have passed the Pre-Juvenile FS test but no higher than the Juvenile FS test. Juvenile: Girls 12 & under, Boys 13 & under Open Juvenile: Girls 13 & older, Boys 14 & older	Program as per Rule 6452	2:20 +/- 10 sec.
Intermediate	Open to skaters who have passed the Juvenile FS test but no higher than the Intermediate FS test. Age: Under 18 years	Programs as per Rule 6440	SP: 2:10 max FS: 3:00 +/- 10 sec.
Novice	Open to skaters who have passed the Intermediate FS test but no higher than the Novice FS test.	Programs as per Rule 6430	SP: 2:30 max FS 3:30 +/- 10 sec
Junior	Open to skaters who have passed the Novice FS test but no higher than the Junior FS test.	Programs as per Rule 6420	SP: 2:40 +/- 10 sec. FS: 3:30 +/- 10 sec.
Senior	Open to skaters who have passed at least the Junior FS test.	Programs as per Rule 6410	SP: 2:40 +/- 10 sec. FS: 4:00 +/- 10 sec.

Event: Adult Free Skate (includes Young Adult)

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Age requirements: Young Adults 18-20 years; Adults 21 years and over.

Event	Qualification	Description	Duration (min: sec)
Pre-Bronze	Test and age requirements in accordance with Rule 6560. No tests are required.	Program as per Rule 6561	1:40 max.
Bronze	Test and Age requirements in accordance with Rule 6550.	Program as per Rule 6551	1:50 max.
Silver	Test and Age requirements in accordance with Rule 6540.	Program as per Rule 6541	2:10 max.
Gold	Test and Age requirements in accordance with Rule 6530.	Program as per Rule 6531	2:40 max
Masters Int/ Novice	Test and Age requirements in accordance with Rule 6520.	Program as per Rule 6521	3:10 max.
Masters Junior-Senior	Test and Age requirements in accordance with Rule 6510.	Program as per Rule 6511	3:40 max

Event: Short Program

1. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under “Technical Information,” then “Singles/Pairs”
2. This event is *not* combined with the free skate and is not a part of the NQS.

Event	Qualification	Description	Duration (min: sec)
Juvenile & Open Juvenile	Open to skaters who have passed the Pre-Juvenile FS test but no higher than the Juvenile FS test. Juvenile: Girls 12 & under, Boys 13 & under Open Juvenile: Girls 13 & older, Boys 14 & older	Program as per Rule 6451	2:10 max.

Event: Excel Free Skate

This competition is *not* a part of the Excel series for qualification to the national festival.

Requirement charts are available on the U.S. Figure Skating website, Programs tab, [Excel page](#)

On the Excel page, in the “Resources” box on the right, click on the *Excel Free Skate Requirements* link.

All event levels will be offered:

Excel Beginner	Excel Juvenile
Excel High Beginner	Excel Juvenile Plus
Excel Pre-Preliminary	Excel Intermediate
Excel Preliminary	Excel Novice
Excel Preliminary Plus	Excel Junior
Excel Pre-Juvenile	Excel Senior
Excel Pre-Juvenile Plus	

SHOWCASE EVENTS

Full current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under “Programs” on the National Showcase page.

Singles competitors, Preliminary through Senior, Adult Bronze through Adult Masters, are permitted to enter the 2019 National Showcase, if they placed first, second, third or fourth at this competition.

Lighting/Curtain / Warm-up: House lights will be used (no follow spots). There will be no curtain or ‘backstage’ area. Warm-up times will be a minimum of three minutes and a maximum of five minutes. Warm-ups may be combined at the discretion of the chief referee.

Judging & Marking:

1. Performances will be judged from an entertainment standpoint, for theatrical and artistic qualities.
2. Unintended falls, poorly executed skating elements and obvious losses of control will negatively affect the competitor’s/team’s marks.
3. Technical difficulty is not rewarded in showcase. If a technically difficult element such as a jump or spin is performed, it should be done with style, flow, confidence and should support the selected theatrical elements.
4. All programs must begin on the ice in view of the audience.
5. Elements to be evaluated will include are but not limited to:
 - Skating Skills: quality, security, cleanliness, variety, flow. Any technical elements performed should relate to the music/character and highlight aspects of the program; difficulty will not be rewarded.
 - Utilization of space and time: good ice coverage and pattern should be attained; program highlights should be spread through the entire performance.
 - Performance: projection, energy, carriage, emotional involvement, individuality, spatial awareness (duets).
 - Composition: concept of the program, originality, creativity, age appropriateness, use of props/scenery (if used, should be an integral part of program and enhance the theme), and costumes (should fit the concept of the program).
 - Interpretation: timing, expression of music’s character, interaction (duets), use of nuances to enhance the music and set the mood/character of the program.

Note: Prolonged pauses to express lyrics are discouraged

6. The 6.0 judging system will be used. One mark will be awarded by each judge for each performance. No technical skating mark will be awarded.
7. Deductions will apply for negligence relating to: costumes, props, program times. If there is more than one infraction, each will be deducted from the single mark.

Deduction	Description
- 0.1	Hair or accessory unintentionally falls to ice.
- 0.1	For each 10 seconds over maximum time.
- 1.0	Prohibited size or type of prop.
- 1.0	Wrong category entered, for example, a clearly dramatic program entered as light entertainment.

Costumes:

1. Costuming and make-up for showcase/theatrical skating programs should enhance the feeling created by the performance, and reflect the meaning of the story or theme.
2. The clothing of the competitors must be dignified and appropriate for athletic/artistic competition. The clothing may be theatrical in design and reflect the character of the music chosen. Clothing must not give the effect of excessive nudity inappropriate to the discipline.
3. Costumes rules for competition free skate programs do not apply for showcase/theatrical skating. Ornaments and hair accessories must be secure.
4. No bobby-pins, feathers, hair accessories, or anything else that may fall to the ice and be hazardous to the skaters are allowed. A 0.1 deduction will be taken.

Rules of Events

Skaters may enter any or all singles events for which they are qualified by test level. Skaters cannot skate in different levels of the same event (example: event-Light Entertainment Level Junior skater would not be allowed to skate Light Entertainment Junior and Senior).

Singles events are as follows:

DRAMATIC ENTERTAINMENT: Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness. Dramatic programs should not be depressing. Even if the emotion is sadness, there should be an enlivened feeling given to the audience. Props and Scenery ARE permitted.

LIGHT ENTERTAINMENT: Programs should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions. Props and Scenery ARE permitted.

Duet events are as follows:

DUETS: are theatrical performances by any two competitors. Props and Scenery ARE permitted. Skaters may enter only one duet, one mini production ensemble and one production ensemble each.

- Only Pre-Preliminary through Senior and all Adult levels will be offered for Duets.
- Test requirements and program lengths are the same as for singles. Duets must enter at the level and age of the skater at the higher test level.

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Scenery / Prop Rules:

1. Props and scenery must be placed and removed:
 - Unaided, by the singles and duets competitors within one minute total on and off.
 - Unaided, by the ensemble teams within two minutes maximum for setup and two minutes maximum for removal. Anyone not skating is not allowed to step on the ice.
2. General:
 - The inclusion of scenery and/or props is not mandatory.
 - All scenery will be portable and not require any mechanical means for transportation (i.e. forklift, etc.). Its movement will be the responsibility of the skater or teams.
 - A mandatory deduction of 1.0 may be applied by each judge as instructed by the referee for the following violations:
 - Scenery may not exceed 7'6" in height
 - For insurance reasons no propulsion devices will be permitted. This includes items such as cannons and trampolines. Apparatus such as these, which could be used to assist skaters with jumping into the air, are NOT permitted.
 - The use of smoke, fire, dry ice, liquids, live animals, feathers, bubble machines or any substance that may harm the ice surface and/or skaters is not permitted.
 - No projectiles.
 - All props must be under the control of the skater; for example, remotely controlled images or objects.
 - No mirrors or glass of any kind is allowed on the ice. • People may not be used as props.
 - For ensemble set ups (2:00 max): An announcement will be made after 1 minute has elapsed. Another announcement will be made when 30 seconds are remaining. At the 2-minute mark, an announcement is made that set up time is over. Set-up must be complete and skaters must be in their starting position before the 2-minute announcement is made. A 0.1 deduction will be taken for every 10 seconds over.
 - There will be no countdown of timing announced for Single skaters or Duets.
 - If a competitor has any doubt concerning the safety of his/her performance, the Chief Referee should be consulted.
3. Scenery Break Down (Ensembles): At the completion of the performance, and after the team has taken their bows, teams will be permitted two minutes to remove all scenery/props. When removing the scenery/props from the ice the skaters may not step off the ice until all scenery is removed.

A 0.1 deduction will be assessed by the referee against each judges' mark for each ten seconds in excess of the time allowed.

Specifics:

- A. There is no minimum time requirement for any event program.
- B. Events will not be segregated by gender.
- C. There will be a 0.1 deduction for each 10 seconds in excess of the maximum performance time.
- D. There will be a 0.1 deduction for each 10 seconds in excess of the maximum prop placement
- E. There will be a 0.1 deduction for each 10 seconds in excess of the maximum prop break down time.
- F. There will be a 1.0 deduction when a program is entered in the wrong category. For example, a clearly dramatic program entered as light entertainment.
- G. Timing starts with the first purposeful motion of the body and ends when motion stops.
- H. Spotlights and curtains are not required for showcase events at nonqualifying competitions.

Group Sizes and Final Rounds:

- Maximum sizes of initial rounds will be 18 contestants, but may be smaller at the discretion of the chief referee. In adult events, groups larger than 18 participants will be split by age. All other groups will be divided randomly. There will be no final rounds for showcase at this competition.

Event Levels, Test Requirements, Description, Program Timing:

- *Skaters must compete at the highest level for which they qualify between free skate and dance tests. Skaters may skate at their test level or one level higher only.*

Event	Must meet Requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test	Description and Age Requirements	Duration
Basic Skating Showcase (Level does not qualify for National Showcase)	No tests required	Skaters may not have passed any U.S. Figure Skating Moves in the Field, Dance or Free Skate tests.	No element restrictions No minimum age (Maximum age 20)	1:10 maximum
Beginner / High Beginner Showcase (Level does not qualify for National)	No tests required	Pre-Preliminary Free Skate	No element restrictions No minimum age (Maximum age 20)	1:30 maximum
No Test Showcase (Level does not qualify for National Showcase)	No tests required	Pre-Preliminary Free Skate	No element restrictions No minimum age (Maximum age 20)	1:30 maximum
Pre-Preliminary Showcase (Level does not qualify for National Showcase)	No test required	Preliminary Free Skate	No element restrictions No minimum age (Maximum age 20)	1:30 maximum

Event	Must meet Requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test	Description and Age Requirements	Duration
Preliminary Showcase	Preliminary Free Skate	Pre-Juvenile Free Skate or Juvenile Free Dance	No element restrictions No minimum age (Maximum age 20)	1:40 maximum
Pre-Juvenile Showcase	Pre Juvenile Free Skate	Juvenile Free Skate or Juvenile Free Dance	No element restrictions No minimum age (Maximum age 20)	1:40 maximum
Juvenile Showcase	Juvenile Free Skate or Juvenile Free Dance	Intermediate Free Skate Or Intermediate Free Dance	No element restrictions Age: Under 13	2:10 maximum
Teen Showcase	Juvenile Free Skate or Juvenile Free Dance	Intermediate Free Skate or Intermediate Free Dance	No element restrictions Age: 13 – 17	2:10 maximum
Intermediate Showcase	Intermediate Free Skate or Intermediate Free Dance	Novice Free Skate or Novice Free Dance	No element restrictions Age: 17 and under	2:10 maximum
Novice Showcase	Novice Free Skate or Novice Free Dance	Junior Free Skate or Junior Free Dance	No element restrictions No age restrictions	2:10 maximum
Junior Showcase	Junior Free Skate or Junior Free Dance	Senior Free Skate or Senior Free Dance	No element restrictions No age restrictions	2:30 maximum
Senior Showcase	Senior Free Skate or Senior Free Dance	N/A	No element restrictions No age restrictions	2:30 maximum
Young Adult Showcase	Juvenile Free Skate or Juvenile Free Dance	Novice Free Skate or Novice Free Dance	No element restrictions Age: 18 – 20	2:10 maximum

Event	Must meet Requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test	Description and Age Requirements	Duration
Adult Pre-Bronze Showcase (Level does not qualify for National Showcase)	No test required	Adult Bronze FS Test or Preliminary FS or Juvenile FD or Adult Bronze FD Pre-Bronze Dance (prior to 4/30/17)	No axels or multi-revolution jumps Age: 21 and older	1:40 maximum
Adult Bronze Showcase	Adult Bronze FS, Preliminary FS, Juvenile FD, OR Pre-Bronze Dance (prior to 4/30/17)	Adult Silver FS, Pre-Juvenile FS, Adult Silver FD, Intermediate FD, Preliminary FD (prior to 9/2/2000), OR 3rd Figure (prior to 10/1/1977)	No element restrictions Age: 21 and older	1:40 maximum
Adult Silver Showcase	Adult Silver FS, Juvenile FS (prior to 10/1/94), Pre-Juvenile FS, Adult Silver FD, Intermediate FD, Preliminary FD (prior to 9/2/2000), OR 3rd Figure (prior to 10/1/1977)	Adult Gold FS, Juvenile FS (On/after 10/1/94), Adult Gold FD, Novice FD, Bronze FD (prior to 9/2/2000), OR 4 th Figure (prior to 10/1/77)	No element restrictions Age: 21 and older	1:40 maximum
Adult Gold Showcase	Adult Gold FS, Juvenile FS, Adult Gold FD, Novice FD, OR 3 rd Figure (prior to 10/1/77)	Intermediate FS (on/after 10/1/91), Junior FD, Silver FD (Prior to 9/2/2000), OR 5 th Figure Test (prior to 10/1/77)	No element restrictions Age: 21 and older	1:40 maximum
Masters Adult Showcase	Intermediate FS, Adult Gold FD, Junior FD, Silver FD (Prior to 9/2/2000), 3 rd Figure Test (prior to 10/1/77), OR 8 th Figure Test	N/A	No element restrictions Age: 21 and older	2:10 Maximum

PAIRS EVENTS

Pairs events will be conducted in accordance with the U.S. Figure Skating Rulebook. Skaters may skate up to one level higher.

For Novice through Senior, the short and free skate segments will be separate events with no combined result. Teams may enter one or both segments.

Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

Pairs Rules for levels offered = 7410 - 7460

Adult Pairs Rules for levels offered = 7520 - 7550

Program requirements will be for the **2019-20 season** (charts available www.usfigureskating.org, Technical Info tab)

Pairs Free Skate Event Levels offered:

Pre-Juvenile

Juvenile

Intermediate

Novice

Junior

Senior

Pairs Short Program Event Levels offered:

Novice

Junior

Senior

Adult Pairs Free Skate Event Levels offered:

Masters

Adult Gold

Adult Silver

Adult Bronze

PARTNERED DANCE EVENTS

Partnered dance events will be conducted in accordance with the U.S. Figure Skating Rulebook. Skaters may skate up to one level higher.

The pattern and free dance segments or rhythm dance and free dance segments (in the case of Junior and Senior) will be separate events with no combined result. Couples may enter one or both segments for their respective levels.

Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, number of sequences, etc.

Dance Rules for levels offered = 8410 - 8460

Adult Dance Rules for levels offered = 8512, 8520 - 8590

Selected dances & program requirements will be for the **2019-20 season**.

Partnered Pattern Dance Event Levels offered:

Pre-Juvenile (initial round dances only: Dutch Waltz, Cha Cha)

Juvenile (Hickory Hoedown, Ten-Fox)

Intermediate (American Waltz, Foxtrot)

Novice (Westminster Waltz, Kilian)

Partnered Rhythm Dance Event Levels offered:

Junior

Senior

Partnered Free Dance Event Levels offered:

Pre-Juvenile
Juvenile
Intermediate
Novice
Junior
Senior

Adult Partnered Pattern Dance Event Levels offered:

*Initial round dances only for all levels
Pre-Bronze (Dutch Waltz, Rhythm Blues)
Bronze (Cha Cha, Ten-Fox)
Pre-Silver (Willow Waltz, Hickory Hoedown)
Silver (European Waltz, Tango)
Pre-Gold (American Waltz, Paso Doble)
Gold (American Waltz, Paso Doble)
Championship (Paso Doble, Starlight Waltz)
Masters Open (Starlight Waltz, Cha Cha Congelado)

Adult Partnered Free Dance Event Levels offered:

Pre-Gold
Gold
Championship

SOLO DANCE EVENTS

While 2019 CCIA Competition is **not** a participating competition within the 2019 Solo Dance Series, the solo pattern dance events, solo rhythm dance events, free dance events, and shadow dance events are being conducted in accordance with the 2019 Solo Dance Series Handbook found at <http://www.usfigureskating.org/programs?id=84172> . Please refer to the 2019 Solo Dance Series handbook for the current Series rules, test, and event requirements that will be in effect for this competition. Music will be selected from the Standardized music of the ISU.

I. SOLO PATTERN DANCE EVENTS LEVELS AND DANCES:

Level	Dances
Preliminary	Rhythm Blues (3 sequences) Dutch Waltz (3 sequences)
Pre-Bronze	Fiesta Tango (3 sequences) Swing Dance (2 sequences)
Bronze	Willow Waltz (3 sequences) Hickory Hoedown (3 sequences)
Pre-Silver	Foxtrot (3 sequences) European Waltz (2 sequences)
Silver	Tango (2 sequences) American Waltz (2 sequences)
Pre-Gold	Kilian (4 sequences) Blues (3 sequences)
Gold	Quickstep (3 sequences) Westminster Waltz (2 sequences)
International	Tango Romantica (2 sequences) Cha Cha Congelado (2 sequences)*

II. SOLO COMBINED DANCE EVENTS

Solo Combined Dance: The solo combined dance event is offered for the juvenile through senior levels. Refer to the 2019 Solo Dance Series Handbook found at <http://www.usfigureskating.org/programs?id=84172> for the solo combined dance rules and event details.

III. SHADOW DANCE EVENTS

Shadow Pattern Dance: The shadow pattern dance event is offered for the preliminary through senior levels. Refer to the 2019 Solo Dance Series Handbook found at <http://www.usfigureskating.org/programs?id=84172> for the shadow pattern dance rules and event details.

SHADOW DANCE EVENT LEVELS AND DANCES:

Level	Requirement	Dance (number of sequences to be skated)
Preliminary	One partner must not have passed higher than the complete preliminary dance test.	• Dutch Waltz (3 sequences)
Pre Bronze	One partner must not have passed higher than the complete pre-bronze dance test.	• Cha Cha (3 sequences)
Bronze	One partner must not have passed higher than the complete bronze dance test	• Ten Fox (3 sequences)
Pre Silver	One partner must not have passed higher than the complete pre-silver dance test	• Fourteen Step (4 sequences)
Silver	One partner must not have passed higher than the complete silver dance test.	• Rocker Foxtrot (3 sequences)
Pre Gold	One partner must not have passed higher than the complete pre-gold dance test.	• Killian (4 sequences)
Gold/International	Open	• Westminster Waltz (2 sequences)



Compete USA Competitions

EVENT: Basic Program (with music): SNOWPLOW SAM – BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
-

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide (no variations), either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counterclockwise • Forward crossovers, 4-6 consecutive, clockwise and counterclockwise • Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, maximum 4 revolutions
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, clockwise and counterclockwise • Forward outside three-turn, right and left • Advanced two-foot spin, minimum 4 revolutions • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg position • T-stop, right or left

EVENT: Pre-Free Skate – Free Skate 6 Program (with music)

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • Basic one-foot upright spin, optional entry and free-foot position- minimum 3 revolutions • Mazurka • Waltz jump • <i>NOT ALLOWED -Waltz jump, side toe hop, waltz jump</i>
Free Skate 1	1:40 max.	<ul style="list-style-type: none"> • Forward stroking, 4-6 consecutive powerful strokes • One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions • Toe loop jump • Half flip jump • <i>NOT ALLOWED – Waltz jump/toe loop combination</i>
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis • Beginning back spin- maximum 2 revolutions • Half Lutz • Salchow jump • <i>NOT ALLOWED – Salchow/toe loop combination</i>
Free Skate 3	1:40 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, minimum 3 revolutions • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination • <i>NOT ALLOWED – Waltz/loop combination</i>
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin – minimum 3 revolutions • Half Loop jump (Euler) • Flip jump • <i>NOT ALLOWED – Waltz/half-loop/Salchow sequence</i>
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin – minimum 3 revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Creative step sequence using a variety of three turns, Mohawks and toe steps • Camel, sit spin combination - minimum of 4 revolutions total • Waltz jump/ half-loop (Euler)/Salchow jump combination • Beginning Axel jump